

***‘FINDING TIME FOR SILENCE
Lay Community of St Benedict Retreat***

***Ampleforth Abbey
East Lane, York, YO62 4EY***

Friday 13th – Sunday 15th May 2022

Led by Fr Kevin Hayden OSB



All guests who present themselves are to be welcomed as
Christ, for He Himself will say:

I was a stranger and you welcomed me.

(Matt 25:35) Rule of St Benedict, Chapter 53.

All are most welcome to attend this retreat, including those who are interested in exploring Benedictine spirituality for the first time, as well as those who are more familiar with this way of life. Members of the Lay Community of St Benedict will be present on the retreat to add their welcome to that already being offered by the Monastic Community of Ampleforth Abbey.

The first thing to say is that this is not a fully silent retreat. The retreat will explore the ways in which silence forms our lives and spiritual journeys as individuals, and as communities; and will offer space and time for some periods of silence, prayer and reflection, in the context of a shared community life. However, we have all been through a couple of difficult years and we decided to include time for socialising, sharing food, refreshments, and relaxation. In other words, 'Finding time for Silence' is explored in the context of a 'Balanced Life'.

The retreat will be led by Fr Kevin Hayden OSB, including two sessions on the Saturday and one on Sunday.

During our stay, there will be an opportunity for quiet time in the church, crypt and grounds, and to join with the monastic community in the Daily Office.

We very much hope that you will find in this retreat a sense of home, community, and peace, though exploring the ways of silence in the context of Benedictine community life.

Richard and Christine Watts

Organisers of the retreat (Members of the Lay Community of St Benedict)

BOOKING FORM

Name(s):	
Address:	
Email:	Tel:
Covid vaccine status (please circle):	None 1-2 Full
Do you have a medical condition that prevents you from wearing a face mask?	Yes / No
Special Needs - Including dietary and mobility needs if you have any	

<u>Booking Rates:</u>	Number	Price	Total
Residential Single Room (Fri – Sun)		£165	
Subsidy* rate: Residential Single Room		£150	
Residential Shared Room		£160	
Subsidy* rate: Residential Shared Room		£145	
Non-Residential (All weekend)		£110	
Non-Residential (Saturday Only)		£60	
		<u>Total:</u>	

**subsidy is for students/unwaged*

Please do not let finance stop you from attending. Please contact our Finance & Events Secretary (Emily Westlake: laybenedictines.bookings@gmail.com) for information on reducing the cost (e.g paying in instalments, or applying for a bursary).

Full payment (or £20 Deposit): Paid online £_____ Enclosed £_____

Balance due by 24th April 2022 £_____

Signed _____

Date _____

BOOKING DEADLINE: 24th April 2022

HOW TO BOOK YOUR PLACE

Please send your booking form with full payment or deposit to **Emily Westlake**, by email: laybenedictines.bookings@gmail.com, or by post: 12 Greville Court, Great Bookham, Leatherhead, Surrey KT23 4DS
Or book via Eventbrite: <https://www.eventbrite.co.uk/e/lcsb-finding-time-for-silence-retreat-13-15th-may-2022-in-person-event-registration-272764936267>

FULL PAYMENT MUST BE RECEIVED BY 24th APRIL 2022

We have kept prices as low as possible. If you are able, please consider adding a donation to help subsidise another person who may not be able to afford to come. We hope that no one will be deterred from attending because of cost. If you would like to apply for financial support for this event, please contact Emily Westlake at the address above.

Payment can be made:

Online: CAFBANK **Sort Code:** 40-52-40 **Account Number:** 00011133
with reference **“Ampleforth”** and your surname.

By post: Send a cheque to Emily Westlake (address above) and make your cheque payable to **“The Lay Community of St Benedict”**.

We would be grateful if you could take a few precautions to minimise Covid risk, and help everyone feel reassured about their safety. We recommend that masks be worn wherever possible inside, and that you use the hand gel that will be available. *Everyone must do a lateral flow test (on the morning of arrival).* **Please do not attend if you have a positive test, or if you have any new symptoms.** Windows in meeting areas will be kept open, to maximise air flow (so please bring extra layers of clothing to keep warm).

If you are not able to come due to a positive Covid test, we will fully refund you. If you need to cancel for any other reason, here is our cancellation policy:

Cancellation <i>with notice</i> of 14 days' or more before the event	Full refund of deposit and any fee paid
Cancellation <i>with less</i> than 14 days' notice and a guest is found from the waiting list	Full refund of all fees paid (excluding deposit)
Cancellation with <i>less than</i> 14 days' notice and no replacement guest is found	Refund of 50% of fee due (excluding deposit)
Cancellation of event by the organisers	Full refund of all fees and deposits

LCSB reserves the right to decline an application for any event if the organisers believe that the applicant's individual needs cannot be met on this occasion. Such decisions will be made after careful review of an identified need for support with the applicant's help and all reasonable efforts will be made to find volunteers to provide necessary support, or to make suitable accommodation arrangements.

The Lay Community of St Benedict. Registered Charity No 1100638. Incorporated in England and Wales as a company limited by guarantee No. 04838564. Registered office: 2 Egdean Walk, Sevenoaks, England, TN13 3UQ. The Community is registered as a data controller under the Data Protection Act 1998, Registration number Z8223334.